



Certificate of Credit in Mentoring Theory and Practice:

Practical Mentoring Skills

October—December 2016

Why study for this qualification?

The Certificate of Credit in Mentoring Theory and Practice explores the key perspectives which inform and underpin the practice of mentoring. Through a series of structured exercises and case study materials, you will develop an understanding of the core skills and competencies necessary to the mentoring role.

What will I study?

You will study six key areas:

- Aims and objectives of mentoring schemes
- The mentoring/mentee relationship
- Effective communication
- Contracting and time management
- Ethical issues and confidentiality
- Evaluation and review of mentoring outcomes

"I had a vested interest in Mentoring and needed a course which would teach me about both theory and practical skills needed to be a good mentor. Thank you to Staffordshire University and Louise Rutherford for making the course interesting, relevant to my employment needs and most enjoyable. I would highly recommend this course to anyone looking for a short course which delivers its aim."

Janet Booth, 2015

What are the benefits for me?

- The time for practice and reflection in developing professional competence in mentoring
- The ability to run mentoring sessions within your community or organisation
- Increased confidence through completion of a Certificate of Credit

How will I study?

You will attend the University for 6 half days over a 12 week period. Each of these workshops is supported by interactive delivery during which you will consider the core areas and key tools relating to the mentoring relationship. You will have the opportunity to link your experience and knowledge to session content and also to exchange experience and knowledge with your peers on the programme.

Developing People — Developing Communities

Contact us at:
Louise.Rutherford@staffs.ac.uk
 (01782) 294659
 Or find out more at:
www.staffs.ac.uk/ccu

The aims are to:

- Explain the nature of mentoring and what it involves
- Explore the application of mentoring skills in various settings
- Develop an awareness of key theoretical perspectives
- Develop an understanding of the key elements of a successful mentoring relationship

Who is this course for?

Anyone who has an interest in mentoring

How much does it cost?

£375

What are the entry requirements?

We welcome applications from people with a wide variety of qualifications, skills and experience. For Level 4 we would normally expect students to have two A levels or equivalent in any subject, and for Level 7 a first degree (BA or BSc). Please talk to us about your background as all applicants are considered individually.

When and where will I study?

You will attend sessions at the University at the Stoke on Trent campus on:

Session 1 – 9:30-12:30 Thurs 6th October

Session 2 – 9:30-12:30 Thurs 20th October

Session 3 – 9:30-12:30 Thurs 3rd November

Session 4 – 9:30-12:30 Thurs 17th November

Session 5 – 9:30-12:30 Thurs 1st December

Session 6 – 9:30-12:30 Thurs 15th December

Mentoring Relationships

You will be able to practice mentoring within the classroom and to arrange opportunities for practice outside of the University. We will facilitate your learning by enabling you to reflect upon your experience from the mentoring relationships/conversations, and by encouraging supportive peer feedback.

Tutorials

Tutorials will be held for students to discuss the concepts and application of mentoring, where you will be able to explore topics on a more individual basis.



Why choose the Creative Communities Unit at

Staffordshire University?

Staffordshire University has an excellent reputation for delivering high quality continuing professional development. The Creative Communities Unit (CCU) offers client-focused, professional training and coaching, consultancy, project work and research around community engagement, partnership working and communication. All our work is delivered in a way that promotes social responsibility and values diversity.

The CCU delivers short courses that have been designed to support the needs of people who work or volunteer in the community, voluntary, public or private sectors. The courses are taught in convenient sessions spread out over several weeks so they can be programmed into a busy work schedule.

To book a place or get more information,
please contact **Louise Rutherford**

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