

Title	A practical model for spiritual assessment and person centred care: The 2Q-SAM				
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EPICC Standard Competency	General Teaching & Learning	1 Intrapersonal Spirituality	2 Interpersonal Spirituality	3 Spiritual Care: Assessment and Planning	4 Spiritual Care: Intervention and Evaluation
Teaching Group	Nursing				
Year of Teaching					
Learning Objectives	<ul style="list-style-type: none"> To try out a new model for spiritual assessment and spiritual care. To see if it makes any difference to patient care. 				
Strategy Description	<p><u>Instructions</u></p> <ul style="list-style-type: none"> Familiarise yourself with the '2 Question Spiritual/holistic Assessment Model (2Q-SAM)' shown and explained below. With permission from your mentor (and patient), try this model out with one patient during one shift. Before you give any care, ask the patient 'what's most important to you right now?' and then ask 'how can I help?'. Do this at every care moment during the entire shift. At the end of the shift, ask the patient: <ul style="list-style-type: none"> What they thought of the care you gave during that shift? How did they feel about being asked these questions throughout the shift? Did it make any difference to their care? Do they prefer this approach or the normal approach to being cared for? Consider: <ul style="list-style-type: none"> How did you feel about using this model? Did you feel it made any difference to the care you were able to deliver? Did it help you to deliver best care? Did it save time? Did it help you to relate to your patient? Were you able to meet the patient's actual needs at that moment in time? 				
Educator's Role	<ul style="list-style-type: none"> Students come back with written reflections. Exchange and facilitate small group discussion about student written reflections. Answers about competency 3 (assessment and planning) and 4 (intervention and evaluation). 				
Resources					
Learner Assessment	<ul style="list-style-type: none"> Discussed with the clinical mentor in clinical practice. Discussed in tutorials in university. 				
Additional Comments					
References	<p>Ross, L. & McSherry, W. (2018). The power of two simple questions. <i>Nursing Standard</i>, 33(9), 78-80. doi: 10.7748/ns.33.9.78.s22</p> <p>Ross, L., & McSherry, W. (2018). Two questions that ensure person-centred spiritual care. <i>Nursing Standard</i>. Retrieved from https://rcni.com/nursing-standard/features/two-questions-ensure-person-centred-spiritual-care-137261</p>				