

Title	Spiritual care in nursing																										
Author(s)	Dr. Janice Clarke																										
Affiliation	Department of Allied Health and Social Sciences, University of Worcester, United Kingdom																										
Email	janice.clarke@worc.ac.uk																										
EPICC Standard Competency	General Teaching & Learning	1 Intrapersonal Spirituality	2 Interpersonal Spirituality	3 Spiritual Care: Assessment and Planning	4 Spiritual Care: Intervention and Evaluation																						
Teaching Group	Nursing																										
Year of Teaching	1																										
Learning Objectives	<ul style="list-style-type: none"> • Describe some of the possible meanings of the term 'spiritual care'. • Relate at least one definition of 'spirituality'. • Discuss what spirituality and spiritual care means to you personally and professionally. 																										
Strategy Description	<p>For some years this has been taught in a two-hour session. For the first time this semester (March 2018), it will be a 4 hour session with approximately 120 pre-registration nursing students.</p> <p>The main features are:</p> <ul style="list-style-type: none"> • Group work and small group discussion. • Role play. • Poetry. • Presentation of concepts. • Being practical: Applying the concept to everyday practice. <p>A lesson plan follows:</p> <table border="1"> <thead> <tr> <th>Topic</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>Learning Outcomes</td> <td>Large group Slide</td> </tr> <tr> <td>What do you think spirituality is? Related to yourself and professionally.</td> <td>Activity in pairs Feedback from groups; written on whiteboard. Summed up.</td> </tr> <tr> <td>Definitions from the literature.</td> <td>Slide</td> </tr> <tr> <td>Spiritual needs.</td> <td>Slide</td> </tr> <tr> <td>Spirituality in policy and pre-registration course.</td> <td>Slide</td> </tr> <tr> <td>How is spirituality related to holism?</td> <td>Slide</td> </tr> <tr> <td>How can we see spirituality as integrated into the whole person affecting all their parts.</td> <td>Slide</td> </tr> <tr> <td>Moving on to spiritual care – what does Puchalski say? Spiritual care as intrinsic and extrinsic – relationship and talking about spiritual needs.</td> <td>Slide</td> </tr> <tr> <td>A summing up of spiritual care – towards spiritual wellbeing.</td> <td>Slide</td> </tr> <tr> <td>But what can a nurse do?</td> <td>Slide</td> </tr> </tbody> </table>					Topic	Activity	Learning Outcomes	Large group Slide	What do you think spirituality is? Related to yourself and professionally.	Activity in pairs Feedback from groups; written on whiteboard. Summed up.	Definitions from the literature.	Slide	Spiritual needs.	Slide	Spirituality in policy and pre-registration course.	Slide	How is spirituality related to holism?	Slide	How can we see spirituality as integrated into the whole person affecting all their parts.	Slide	Moving on to spiritual care – what does Puchalski say? Spiritual care as intrinsic and extrinsic – relationship and talking about spiritual needs.	Slide	A summing up of spiritual care – towards spiritual wellbeing.	Slide	But what can a nurse do?	Slide
Topic	Activity																										
Learning Outcomes	Large group Slide																										
What do you think spirituality is? Related to yourself and professionally.	Activity in pairs Feedback from groups; written on whiteboard. Summed up.																										
Definitions from the literature.	Slide																										
Spiritual needs.	Slide																										
Spirituality in policy and pre-registration course.	Slide																										
How is spirituality related to holism?	Slide																										
How can we see spirituality as integrated into the whole person affecting all their parts.	Slide																										
Moving on to spiritual care – what does Puchalski say? Spiritual care as intrinsic and extrinsic – relationship and talking about spiritual needs.	Slide																										
A summing up of spiritual care – towards spiritual wellbeing.	Slide																										
But what can a nurse do?	Slide																										

	Spiritual care embedded in nursing.	
	Bathing.	Slide and discussion activity
	Eating: Feeding a person.	Slide
	Feeding a group.	Discussion activity
	Relationships.	Slide
		Slide: The Gem
	Authenticity	Slide and discussion
	Respect	Slide and discussion
	Presence	Slide and discussion
	Touch	Slide and discussion
	My Book	Slide and discussion
	Final quote	Slide
	Coffee	
	Poems: 'Oh Lord, help me be a burden'. 'When life becomes a sea of pain'. 'Thank you for having faith in me'.	Small groups Slide: Provide copies. Read aloud and in groups. Exercise on sheet and group feedback.
	Talking about spirituality: Spiritual Assessment	Small groups Exercise in pairs: On slide. Feedback: How did it feel to ask the questions, to be asked the questions? What challenges do you anticipate when talking about or assessing spirituality?
Educator's Role	<ul style="list-style-type: none"> • Facilitating discussions. • Contextualising the discussion in relation to the literature and research. 	
Resources	<ul style="list-style-type: none"> • PowerPoint presentation. • Small and large group discussion. • Role play. • Using poetry. 	
Learner Assessment	This is not assessed as a discreet item, but rather as part of the overall module assessment. More information can be provided.	
Additional Comments		
References	Clarke, J. (2013). <i>Spiritual care in everyday nursing practice</i> . London: Palgrave.	